

SHORELIGHT

Course Catalog for Students



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Introduction

Shorelight

Founded in 2013, Shorelight works with universities across the U.S. and abroad to create innovative programs that deliver comprehensive educational services to international students. Our platform connects international students, universities, and service providers to drive student enrollment and performance at scale. We support students throughout their entire educational journey to help them succeed and become exceptional leaders in a globally connected world.

Our Curriculum

Shorelight curriculum is designed by experts with many years of experience working in international education with non-native speakers of English and speakers of other English dialects. The content and delivery of the courses is tailored to engage international students, teach skills that will help them succeed in university-level study, address typical issues they experience in higher education, and provide intercultural insights to help them navigate a new educational and cultural environment.

The courses featured in this catalog range in learning models from one-hour webinars and self-paced modules hosted online on Shorelight's Center for Academic Success, to workshops and semester-length courses taught in-person at Shorelight partner universities. Many of our materials can be offered in different modalities (i.e., synchronous or asynchronous online, face-to-face, or some combination) based on need.

This catalog provides a comprehensive view of the resources that Shorelight provides to support student success throughout the student lifecycle: from enrollment to academic study to career development. Course offerings also strengthen students' competencies in areas ranging from academic integrity to writing skills to intercultural competence. The modalities and competencies addressed by each course are included in the course listings.

Programs

The courses in the catalog are categorized in ten program areas:

1. Academic Essentials
2. Academic Skills
3. Academic Writing
4. Campus Acculturation Courses
5. Campus Life Essentials
6. Career Essentials
7. English Language Courses
8. Enrollment Essentials
9. Global Citizenship
10. Math & Computer Science Support Courses

Course Descriptions

Campus Life Essentials

Campus and Student Resources

Duration 1 hr

U.S. universities have many resources available for students. In this workshop, you will get an introduction to campus culture at your university and the types of learning resources, clubs, and facilities you can find there. For example, you will learn about the university's library, student center, academic tutoring, and/or advising and counseling centers. You will also explore resource centers and health and wellness services and learn where to find information about transportation and student organizations. You will find out how to participate in your campus community and how to reach out for help if you need it.

Modality

Face to Face on Campus,
Synchronous Online

Learning Model

Academic Course,
Workshop

Competency

Acculturation

Notes

tailored to a university

Living in [CITY NAME]

Duration 1 hr

It is exciting to move to a new city or town, but it can also be disorienting. This workshop will help you learn how to get around and enjoy life in the city or town where your university is located. You will learn about the history and culture of the city or town and its surroundings and all they have to offer, including festivals and interesting sites to visit.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Acculturation

Notes

tailored to a university

Managing Mental Health

Duration 1 hr

In this workshop, you will learn how to cope with stress you may experience as a university student. You will explore how to manage academic stress. For example, you will learn how to handle time conflicts, schedule fun activities, and successfully manage research and project timelines. You will also discuss useful and practical strategies for managing culture shock, and when, where, and how to get help if you or a friend needs it.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Acculturation,
Mental Health

Social Emotional Learning

Duration 1 hr

It can be hard to adjust to a new environment and manage your feelings and behaviors when you feel uncertain. In this workshop, you will learn techniques for improving your self-awareness and social awareness. Increasing awareness will help you develop a clearer perception of yourself, gain confidence, manage your impulses, and create positive relationships. You will also explore how to develop empathy and make responsible decisions.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Acculturation,
Mental Health,
Planning Skills,
Leadership

Academic Essentials

Academic Integrity at U.S. Universities

Duration 1 hr

U.S. universities have a strong emphasis on academic integrity, which essentially means: doing your work using your own ideas and your own words without outside help. In this workshop, you will explore what academic integrity looks like and why U.S. universities require high standards of independent work from students. You will learn about the concepts of intellectual property and plagiarism and cultural beliefs about the ownership of ideas. During the workshop, you will discuss practical scenarios to help you understand the university and the professors' expectations for academic integrity in research and writing, presentations, and group work.

Modality

Face to Face on Campus,
Synchronous Online,
Asynchronous Online

Competency

Academic Integrity,
Critical Thinking

Roadmap to Degree Completion

Duration 1 hr

In this workshop, you will get guidance for staying on track for graduation. You will review the number of credits you need to complete, how to complete your requirements in a timely fashion, and what types of exams and research assignments are required. You will explore your major requirements and other academic opportunities that can help you succeed academically and in your career. You will begin to create an academic plan you can use as a map for successful graduation in your chosen major.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Planning Skills

Notes

tailored to a university

Success Strategies

Duration 9 weeks

This course is designed to help you build the skills you need to thrive academically during your university studies. The course combines self-paced eLearning workshops and webinars. Through online interactive learning activities, you will learn how to communicate with professors and other students in a university environment, exploring the level of formality expected in classroom versus social settings. You will also review group work and presentation skills that will prepare you for academic projects and assignments. Workshops on resume development and time management will help you think about how you want to approach university studies and how you can succeed in a challenging academic environment.

Modality

Asynchronous Online

Learning Model

Academic Course

Competency

Acculturation,
Career Development,
Intercultural Competence,
Planning Skills,
Presentation Skills,
Study Skills,
Verbal Communication Skills,
Writing Skills

U.S. Classroom Expectations

Duration 1 hr

Countries have different educational cultures, and all students learn how to follow the expectations of their schools and teachers. At your U.S. university, you may be confused by how classrooms work or you may feel uncertain about how to best participate or interact in class. This workshop will introduce you to typical unspoken rules for participation in U.S. schools and universities. You will consider and analyze how these differ from your educational training and how you can adapt for academic success. You will also learn strategies for communicating with classmates in class.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Acculturation,
Intercultural Competence

Academic Writing

Citing Sources for Papers and Projects

Duration 1 hr

Plagiarism means writing or presenting other thinkers' ideas as if they are your own. U.S. universities believe that plagiarism is unacceptable and require students to include citations in their academic work to show where they learned the ideas. This workshop explains why citing sources is critical for academic work in the U.S. university community. It will help you avoid plagiarism by teaching you how to cite sources correctly. You will learn how to format citations and documents correctly in APA style.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Critical Thinking,
Writing Skills

College Writing I: The Writing Process

Duration 1 hr

What do you do when you need to write an academic paper? How do you start? How do you make sure your paper is polished? Strong writers spend more time planning and revising their papers than writing them. This workshop will prepare you to develop high-quality academic papers by explaining the writing process. You will learn techniques for generating and organizing ideas and getting past writing blocks. You will also learn how to approach revising and editing your writing and discover acceptable types of writing assistance you may use.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Writing Skills

College Writing II: Paragraph and Essay Structure

Duration 1 hr

In this workshop, you will examine the fundamentals of paragraph structure and how to combine paragraphs into a full-length academic essay. You will review how the topic sentence shapes a paragraph and how supporting sentences and concluding sentences link to the topic sentence. You will also practice identifying the subject and controlling idea in thesis statements. Then, you will explore how topic sentences relate to thesis statements to build a cohesive argument in an academic essay.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Writing Skills

Graduate Writing I: Organizational Structures

Duration 1 hr

Graduate students often must write papers that have more complex organizational structures than typical undergraduate academic essays. In this workshop, you will analyze fundamental organizational structures used in graduate writing to prepare you to more readily present ideas in academic papers. You will explore general-to-specific and specific-to-general organization as well as problem-solution organization. You will discuss how each format allows the writer to present information and arguments in particular ways.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Writing Skills

Graduate Writing II: Data Commentaries

Duration 1 hr

Many academic disciplines require graduate students to write about data. In this workshop, you will learn how to discuss data persuasively in academic papers. You will explore how to determine what claim you can reasonably make based on data and how to use data to support points or make recommendations. You will practice crafting and critiquing simple data commentaries and discuss words and phrases you can use to moderate claims about the data.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Writing Skills,
Critical Thinking

Graduate Writing III: Building a Field-Specific Lexicon

Duration 1 hr

Every field of study uses particular words, phrases and grammar in its academic writing. If you learn and use common ways of expressing ideas in your field, your writing will appear more competent and convincing. In this workshop, you will learn strategies for choosing and using vocabulary and grammatical structures that align with your field's academic writing. You will learn how to analyze academic articles from your field and use concordancers to identify the correct usage of words and patterns of language within the field.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Writing Skills,
Critical Thinking

Introduction to Academic Writing

Duration 8 weeks, suggested pace 1 lesson/week

This course is designed to develop your academic writing skills in preparation for first-year university courses. The course combines recorded lessons with writing assignments and self-paced eLearning workshops and webinars. In this intermediate to high-intermediate (CEFR B1+ to B2+) course, you will develop your ability to incorporate ideas that you have either read about or experienced into academic essays. You will increase your competence in academic summary-response writing, as well as taking timed essay exams. You will practice reading and critical thinking skills as you evaluate the ideas presented in authentic texts. Using notes on readings and your own experience, you will synthesize ideas and present them in academic writing with appropriate citation in APA style.

Modality

Asynchronous Online

Learning Model

Academic Course,
Video,
Webinar,
Workshop

Competency

Academic Integrity,
Critical Thinking,
Intercultural Competence,
Planning Skills,
Study Skills,
Writing Skills

Notetaking and Annotation in Graduate Studies

Duration 1 hour

In this workshop, you will develop an awareness of strategies to overcome the challenges faced when taking notes in a university classroom. You will evaluate various notetaking methods and strategies for writing quickly, and examine strategies to annotate texts to facilitate deeper understanding and more sustained retention of material.

Modality

Face to Face on Campus,
Face to Face on Campus with LMS Support,
Synchronous Online

Learning Model

Academic Course,
Workshop

Competency

Academic Integrity,
Critical Thinking,
Planning Skills,
Study Skills,
Writing Skills

Paraphrasing and Summarizing for Graduate Writing

Duration 1 hour

In this workshop, you will discover techniques for paraphrasing sources. You will discuss how summary writing appears in graduate school, and develop an understanding of typical structures of summary writing in graduate school.

Modality

Face to Face on Campus,
Face to Face on Campus with LMS Support,
Synchronous Online

Learning Model

Academic Course,
Workshop

Competency

Academic Integrity,
Critical Thinking,
Writing Skills

Academic Skills

Developing Listening Competence

Duration 1 hr

You may find that university study requires much more intensive listening than you have previously experienced. In this workshop, you will learn how to think about your approach to listening so that you can develop the listening strategies you need. You will discover how your brain uses top-down and bottom-up processes to take in information. You will also learn how to isolate and resolve specific listening problems you encounter.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Study Skills,
Critical Thinking

Developing Listening and Notetaking Skills

Duration 1 hr

This workshop will help you learn how to listen better and take notes so that you can capture important information. You will learn how listening works in your brain and how you can identify listening problems so that you can fix them. You will also learn how to take notes in different formats in English. By learning how to listen or read for key ideas and then how to write effective notes about them, you will be better prepared to write papers and succeed on exams.

Modality

Face to Face on Campus,
Synchronous Online

Graduate Student Success and Academic Skills

Duration 1 hr/week, 1 term

This course, which is a combination of workshops, is designed to help you succeed in your graduate studies. You will learn how to use the many resources available on your university campus. You will also gain information that will help you notice your own cultural assumptions and adjust to new expectations. Some workshops will help you develop practical techniques for resolving both personal and academic issues. For example, you will explore U.S. expectations for classroom behavior, academic integrity, and communication with professors and classmates. You will also practice graduate writing, presentation, and listening and notetaking skills. This course will help you understand what is expected of you and how to build the skills you need to thrive academically during your graduate studies.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Academic Integrity,
Acculturation,
Study Skills,
Mental Health,
Presentation Skills,
Planning Skills,
Verbal Communication Skills,
Critical Thinking,
Writing Skills

Notes

cross-listed with Acculturation Courses

Improving Notetaking Skills

Duration 1 hr

Taking notes is an important skill for any student. Did you know that there are many different notetaking formats you can use? In this workshop, you will learn how to identify what to take notes about in a reading or lecture and how to take notes quickly in English. You will also learn and practice various notetaking methods that you can use based on the type of material being presented. By improving your notetaking skills, you will be able to produce notes that will allow you to review for deeper learning and better performance on exams.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Study Skills,
Writing Skills,
Critical Thinking

Learning Strategies and Speed Reading

Duration 1 hr

University students are required to read significant amounts of complex material in a short period of time. In this workshop, you will learn how the human brain processes information and how you can achieve deep and lasting learning. You will also explore and discuss speed reading and learning strategies you can use to remember more information from texts, lectures, and discussions.

Modality

Asynchronous Online,
Face to Face on Campus,
Face to Face on Campus with LMS Support,
Synchronous Online

Competency

Critical Thinking,
Planning Skills,
Study Skills

Managing Group Discussions and Projects

Duration 1 hr

Professors and business leaders expect you to work in groups with others to complete projects. In this workshop, you will learn planning skills for group projects and how to manage challenges with different personalities during group work. You will learn how to use active listening and clarification strategies so you can communicate better with group members. You will also practice using specific words and phrases to manage small group discussions so that all group members contribute their ideas.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Study Skills,
Leadership

Presentation Skills and Strategies

Duration 1 hr

Many university courses require students to deliver presentations to show what they have learned. You may also plan to give presentations at academic or professional conferences. This workshop will help you feel confident about explaining findings and presenting solutions to problems in persuasive spoken language. You will learn how to organize your presentation, design and use visual aids, speak clearly, and engage your audience. You will also see why it is important to practice presenting regularly so you can improve your public speaking capabilities.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Presentation Skills,
Critical Thinking

Research Methods for Graduate Studies

Duration 1 hour

In this workshop, you will discover strategies for unpacking the research paper assignments you will receive in graduate school. You will review ways to create visual maps for research success and explore different ways to search for reputable sources. Finally, you will practice utilizing these skills for the research process.

Modality

Face to Face on Campus,
Face to Face on Campus with LMS Support,
Synchronous Online

Learning Model

Academic Course,
Workshop

Competency

Academic Integrity,
Critical Thinking,
Intercultural Competence,
Planning Skills,
Study Skills,
Writing Skills

Student Success and Academic Skills

Duration 1 hr/week, 1 term

This course, which is a compilation of workshops, is designed to help you gain the skills you need to succeed as an undergraduate at a U.S. university. You will learn about culture shock and how to manage your time and mental health. You will also learn the secret for how to make American friends. To help you succeed in class, you will explore how U.S. professors expect students to behave in class and how best to communicate with them. You will also learn about academic integrity and practice essential academic skills. For example, you will learn how to read quickly and remember what you read, cite sources, and take notes you can use to prepare for tests. You will also learn how to improve your listening comprehension and work in groups. This course will give you the resources you need to do well in your studies and social life at university.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Academic Integrity,
Acculturation,
Study Skills,
Mental Health,
Planning Skills,
Verbal Communication Skills,
Critical Thinking,
Writing Skills

Notes

cross-listed with Campus Acculturation Courses

Success Strategies

Duration 9 weeks

This course is designed to help you build the skills you need to thrive academically during your university studies. The course combines self-paced eLearning workshops and webinars. Through online interactive learning activities, you will learn how to communicate with professors and other students in a university environment, exploring the level of formality expected in classroom versus social settings. You will also review group work and presentation skills that will prepare you for academic projects and assignments. Workshops on resume development and time management will help you think about how you want to approach university studies and how you can succeed in a challenging academic environment.

Modality

Asynchronous Online

Learning Model

Academic Course

Competency

Acculturation,
Career Development,
Intercultural Competence,
Planning Skills,
Presentation Skills,
Study Skills,
Verbal Communication Skills,
Writing Skills

Career Essentials

Career Accelerator

Duration 6 hrs

In this course, which includes two series of three workshops each, you will explore your career interests and how those interests can lead to fulfilling careers. During the first workshop series, you will complete a self-assessment, learn how college majors link to careers, and explore the differences between careers and jobs. During the second workshop series, you will discuss how to build a personal brand and develop soft skills that can help set you apart as you pursue work opportunities.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Acculturation,
Planning Skills,
Career Development

Career Assessment and Planning

Duration 1 hr

Many students feel uncertain about what career they want to pursue, or the type of job they want to get within a particular industry. In this workshop, you will complete an interest profiler to help you discover work-related interests and consider how these interests relate to your career goals. You will also explore work values and consider what is important to you. During this workshop, you will not only confirm future goals but also gain valuable insights you can use to create a personal brand.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Planning Skills,
Career Development

Career Development and Global Citizenship

Duration 1 hr/week, 10-14 weeks

In this course, which is designed for international graduate students, you will gain the leadership and professional skills you need for your career after you complete your studies. You will discuss global citizenship as a way to examine various aspects of the complex, globalized world of the 21st century. Through interactive discussions, you will explore the unique challenges of our time and the forces that shape them and consider how you can take action to improve conditions locally and/or globally. You will learn how cultural and social identity, bias, discrimination, and inequality shape perspectives, including your own, and explore cultural diversity and the challenges of intercultural communication both outside and within the workplace. You will also gain awareness of the work culture in the United States and learn how to present yourself professionally in interviews. You will develop job search tools, such as a LinkedIn profile, resume and cover letter, and practice tailoring these to job postings.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Acculturation,
Leadership,
Planning Skills,
Verbal Communication Skills,
Career Development,
Intercultural Competence,
Critical Thinking

Notes

cross-listed with Global Citizenship

Crafting a Cover Letter

Duration 1 hr

When you write a cover letter, you have a chance to express your enthusiasm for a job and explain why you think your experience prepares you for it. In this workshop, you will learn the characteristics of an effective cover letter. You will explore how to directly and concisely communicate your interest in a position and how to show that your qualifications match the job. Using a LinkedIn job posting, you will practice writing a tailored cover letter.

Modality

Face to Face on Campus,
Face to Face on Campus with LMS Support,
Synchronous Online

Learning Model

Academic Course,
Workshop

Competency

Career Development,
Intercultural Competence,
Writing Skills

Design Thinking

Duration 2 hrs

Design thinking is a creative approach to problem-solving and process improvement that is used in many workplaces. In this workshop, you will learn the design-thinking approach while developing professional skills in teamwork, collaboration, and creativity. You will define a people-centered problem based on research or observations, “ideate” to uncover innovative solutions, create a prototype of a solution, and develop a plan for gathering feedback to test the solution.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Leadership,
Career Development

Developing a Professional Online Presence

Duration 1 hr

LinkedIn is an essential job search and networking tool. In this workshop, you will learn how to create a professional presence online using LinkedIn. You will also learn how to use your LinkedIn profile to promote your unique experience and talents. As you explore the capabilities of LinkedIn, you will begin to discover how to expand your professional network beyond your personal connections to others who might help you in your future career. You will also learn about other types of online profiles you could build.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Career Development

Interviewing Essentials

Duration 1 hr

Job interviews in the U.S. typically follow a common structure. This workshop provides an overview of what to expect during a job interview, along with tips for what to do before, during, and after the job interview. You will learn and practice the STAR method, which you can use to answer competence-based interview questions that ask you to give examples of how you demonstrated skills in the past. You will also draft and practice an elevator pitch that you can use to introduce yourself and showcase your skills.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Presentation Skills,
Career Development,
Intercultural Competence

Leveraging Your Professional Online Presence

Duration 1 hr

Many people build a LinkedIn profile but do not know how to use it effectively. In this workshop, you will consider how to develop a personal brand that you can use to shape your LinkedIn profile. You will also review and improve the summary in your profile, incorporating keywords that will help you get noticed by applicant tracking systems. You will explore tips for using LinkedIn for networking to uncover new professional opportunities.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Planning Skills,
Career Development

Power Skills

Duration 1 hr

You may not realize that your ability to communicate well, work well with others, and solve problems will greatly affect your professional success. These skills are called power skills, or soft skills, and this workshop will explain how to develop the skills that can open possibilities in your future career. You will explore how you can find opportunities to build power skills during your university studies. You will also brainstorm ways to use power skills to improve team dynamics.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Career Development,
Intercultural Competence

Professional Development and Academic Skills

Duration 1 hr/week, 1 term

In this course, which is designed for international graduate students, you will develop knowledge about U.S. university requirements, opportunities, and policies. You will learn how to get access to support and resources on your campus and gain skills to help you succeed academically in your field of study. You will also participate in a series of skill-building workshops designed to help you gain awareness of the work culture in the United States, advance professionally, make smart career decisions, and find future career opportunities. This course will prepare you to effectively pursue your career goals.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Acculturation,
Leadership,
Planning Skills,
Career Development

Notes

cross-listed with Campus Acculturation Courses

Professionalism

Duration 1 hr

In this workshop, you will explore what professionalism means in the U.S. and learn how you can stand out in your workplace. You will discover the type of attitude towards work that U.S. managers look for and how you can demonstrate it. You will also discuss tone and formality in business writing, and common perceptions of non-verbal communication. You will learn tips for managing your time, showing tolerance and respect, and dressing appropriately for your workplace culture.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Career Development

Resume Workshop

Duration 1 hr

In this workshop, you will learn how to build a resume in the format U.S. employers expect. Using a resume template, you will create and edit your resume so that it is well organized and easy to read. You will practice using descriptive adjectives to draft a persuasive objective and choosing action verbs that describe your experiences in a dynamic way. You will also identify activities and skills you can add to your resume to give it a personal flair.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Career Development,
Writing Skills

Success Strategies

Duration 9 weeks

This course is designed to help you build the skills you need to thrive academically during your university studies. The course combines self-paced eLearning workshops and webinars. Through online interactive learning activities, you will learn how to communicate with professors and other students in a university environment, exploring the level of formality expected in classroom versus social settings. You will also review group work and presentation skills that will prepare you for academic projects and assignments. Workshops on resume development and time management will help you think about how you want to approach university studies and how you can succeed in a challenging academic environment.

Modality

Asynchronous Online

Learning Model

Academic Course

Competency

Acculturation,
Career Development,
Intercultural Competence,
Planning Skills,
Presentation Skills,
Study Skills,
Verbal Communication Skills,
Writing Skills

Tailoring a Resume

Duration 1 hr

To get the attention of a hiring manager, it is important to shape your resume to show how your skills and experience match the job you are seeking. In this workshop, you will explore why it is worthwhile to change your resume for each job application and practice tailoring your resume for a specific job posting. You will discuss how considering a hiring manager's perspective can help you create a persuasive resume. You will also learn how to use keywords, descriptive adjectives, and active verbs to demonstrate how your experience aligns with the job position.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Career Development,
Intercultural Competence,
Critical Thinking,
Writing Skills

Global Citizenship

Career Development and Global Citizenship

Duration 1 hr/week, 10-14 weeks

In this course, which is designed for international graduate students, you will gain the leadership and professional skills you need for your career after you complete your studies. You will discuss global citizenship as a way to examine various aspects of the complex, globalized world of the 21st century. Through interactive discussions, you will explore the unique challenges of our time and the forces that shape them and consider how you can take action to improve conditions locally and/or globally. You will learn how cultural and social identity, bias, discrimination, and inequality shape perspectives, including your own, and explore cultural diversity and the challenges of intercultural communication both outside and within the workplace. You will also gain awareness of the work culture in the United States and learn how to present yourself professionally in interviews. You will develop job search tools, such as a LinkedIn profile, resume and cover letter, and practice tailoring these to job postings. Students who complete the course receive a Global Citizenship Certificate endorsed by the U.N. Charter institution, University for Peace.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Acculturation,
Leadership,
Planning Skills,
Verbal Communication Skills,
Career Development,
Intercultural Competence,
Critical Thinking

Notes

cross-listed with Career Essentials

Exploring Bias, Prejudice and Racism

Duration 1 hr

In this workshop, you will explore the kinds of prejudice, bias, discrimination and inequality associated with race, ethnicity, and cultural difference. You will analyze and discuss videos to reflect on how bias and prejudice affect our interactions and impact society and opportunity.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Intercultural Competence,
Critical Thinking

Gender and Sexuality

Duration 1 hr

In this workshop, you will explore how gender affects our worldview. You will consider how sexism and homophobia affect people's social status and our interpersonal relationships. You will also discuss how gender identity is linked with inequality in many societies and consider how to work to overcome gender discrimination.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Intercultural Competence,
Critical Thinking

Global Citizenship Course

Duration 1 hr/week, 8-12 weeks

In this semester-long course, you will explore topics related to globalization, global issues, and global competency as you develop an understanding of individuals from diverse socio-economic, cultural, and linguistic backgrounds. As you consider your own perspectives and biases as a global citizen, you will improve your ability to communicate across cultures and build the intercultural relationships necessary to support global problem solving. You will explore topics such as intercultural communication, multiculturalism, gender inequality, human rights, and sustainability as you learn more about the world and how local, regional, and national issues connect to overarching global conversations. By investigating and engaging with global topics, you will develop knowledge regarding world issues and a deep understanding of social justice. Students who complete the course receive a Global Citizenship Certificate endorsed by the U.N. Charter institution, University for Peace.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Intercultural Competence

Global Citizenship Workshop

Duration 2-4 hours

In this introductory workshop, you will explore topics related to competency as a global citizen. You will consider your own perspectives and biases in order to begin to develop a new global viewpoint. You will participate in interactive exercises to find commonalities with people that seem different to you. You will also consider how tolerance promotes peace and practice communicative skills that you can use to improve relationships among individuals from diverse socio-economic, cultural, and linguistic backgrounds. As you practice critical analysis, you will gain more self-awareness, moving toward developing an open, reflective attitude about global issues and willingness to take action to promote change. Students who complete the course receive a Global Citizenship Certificate endorsed by the U.N. Charter institution, University for Peace.

Modality

Face to Face on Campus,
Synchronous Online

Globalization

Duration 1 hr

In this workshop, you will explore what globalization. You will explore key causes of globalization, including economic, political and cultural aspects. You will also discuss the ways in which globalization affects people across the world in unequal ways and how this reality relates to global citizenship. You will also discuss recent shifts away from globalization toward regionalization.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Intercultural Competence,
Critical Thinking

Human Rights

Duration 1 hr

In this workshop, you will describe the moral foundations of human rights and why human rights are considered “universal” and “inalienable.” You will learn what most countries agree to be universal human rights. You will also analyze and discuss how human rights are affected by national and global social and economic situations.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Intercultural Competence,
Critical Thinking

Intercultural Communication

Duration 1 hr

In this workshop, you will examine differences in communication in high and low-context cultures. By analyzing dialogues, you will learn how the assumptions people make about what is good, effective communication can cause misunderstandings. You will also explore how workplace performance feedback is communicated in different cultures. You will discuss what people can do to understand others and problem-solve across cultures.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Verbal Communication Skills,
Intercultural Competence,
Critical Thinking

Introduction to Global Citizenship

Duration 1 hr

In this workshop, you will explore what global citizenship means and discuss the kinds of attitudes, knowledge, and skills an engaged global citizen needs to meet global challenges. You will also consider quotes from changemakers and how they relate to global citizenship. You will discover how developing intercultural competence can help you succeed academically, socially, and professionally.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Intercultural Competence,
Critical Thinking

Sustainability and Sustainable Development

Duration 1 hr

In this workshop, you will learn about contemporary environmental issues (e.g. climate change, pollution, waste, endangered species) and the type of threats they pose. You will learn about the principles of sustainability and the ways in which sustainable practices try to balance the needs of the environment, the economy, and society.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Intercultural Competence,
Critical Thinking

Tolerance and Acceptance

Duration 1 hr

In this workshop, you will explore how tolerance and acceptance affect intercultural interactions. You will identify the difference between tolerance and acceptance and use your definitions in a group activity. Through this activity, you will learn about your own and others' perspectives and how people's judgments about unclear situations can affect our opinions and behavior.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Intercultural Competence,
Critical Thinking

Campus Acculturation Courses

Campus and Student Resources

Duration 1 hr

U.S. universities have many resources available for students. In this workshop, you will get an introduction to campus culture at your university and the types of learning resources, clubs, and facilities you can find there. For example, you will learn about the university's library, student center, academic tutoring, and/or advising and counseling centers. You will also explore resource centers and health and wellness services and learn where to find information about transportation and student organizations. You will find out how to participate in your campus community and how to reach out for help if you need it.

Modality

Face to Face on Campus,
Synchronous Online

Learning Model

Academic Course,
Workshop

Competency

Acculturation

Notes

tailored to a university

Graduate Student Success and Academic Skills

Duration 1 hr/week, 1 term

This course, which is a combination of workshops, is designed to help you succeed in your graduate studies. You will learn how to use the many resources available on your university campus. You will also gain information that will help you notice your own cultural assumptions and adjust to new expectations. Some workshops will help you develop practical techniques for resolving both personal and academic issues. For example, you will explore U.S. expectations for classroom behavior, academic integrity, and communication with professors and classmates. You will also practice graduate writing, presentation, and listening and notetaking skills. This course will help you understand what is expected of you and how to build the skills you need to thrive academically during your graduate studies.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Academic Integrity,
Acculturation,
Study Skills,
Mental Health,
Presentation Skills,
Planning Skills,
Verbal Communication Skills,
Critical Thinking,
Writing Skills

Notes

cross-listed with Academic Skills

Live Learn Grow

Duration 1 hr/week, 2 terms

This course, which is designed for international undergraduate students, will help you develop academic skills, interpersonal skills, and intercultural awareness so you can succeed in your U.S. university studies. You will practice study skills, explore how to motivate yourself, and learn how to manage time and stress so you can direct your own learning. The course will also orient you to university policies and resources and co-curricular programs. In addition, you will begin to think about how your studies relate to future careers. As you complete assignments, you will acquire essential information for everyday survival in a U.S. university and build a foundation for future professional success.

Modality

Face to Face on Campus

Competency

Acculturation,
Planning Skills,
Career Development,
Critical Thinking

Professional Development and Academic Skills

Duration 1 hr/week, 1 term

In this course, which is designed for international graduate students, you will develop knowledge about U.S. university requirements, opportunities, and policies. You will learn how to get access to support and resources on your campus and gain skills to help you succeed academically in your field of study. You will also participate in a series of skill-building workshops designed to help you gain awareness of the work culture in the United States, advance professionally, make smart career decisions, and find future career opportunities. This course will prepare you to effectively pursue your career goals.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Acculturation,
Leadership,
Planning Skills,
Career Development

Notes

cross-listed with Career Essentials

Student Success and Academic Skills

Duration 1 hr/week, 1 term

This course, which is a compilation of workshops, is designed to help you gain the skills you need to succeed as an undergraduate at a U.S. university. You will learn about culture shock and how to manage your time and mental health. You will also learn the secret for how to make American friends. To help you succeed in class, you will explore how U.S. professors expect students to behave in class and how best to communicate with them. You will also learn about academic integrity and practice essential academic skills. For example, you will learn how to read quickly and remember what you read, cite sources, and take notes you can use to prepare for tests. You will also learn how to improve your listening comprehension and work in groups. This course will give you the resources you need to do well in your studies and social life at university.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Academic Integrity,
Acculturation,
Study Skills,
Mental Health,
Presentation Skills,
Planning Skills,
Verbal Communication Skills,
Critical Thinking,
Writing Skills

Notes

cross-listed with Academic Skills

[University] in the World

Duration 3 hr/week, 1 term

In this course, you will learn about the social, cultural and natural environment in which your university is based. You will investigate the background, people and culture of the university, its surrounding communities and natural environment, and the city and state where it is located. As you do so, you will explore how the university relates to your home country and the wider global community. You will also deepen your connection to the university and to classmates as you become part of the campus community.

Modality

Face to Face on Campus

Competency

Critical Thinking

English Language Courses

Academic English 1

Duration 20 hrs/week, 10-14 weeks

In this course, you will practice listening, speaking, reading, and writing. You will learn more academic vocabulary words so you can understand and communicate better. You will read short texts and take notes in different ways. You will write sentences and begin to make simple paragraphs. You will ask and answer questions and say your opinions in conversations. You will learn from a textbook in class and also practice on your own.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Academic Integrity,
Pronunciation,
Verbal Communication Skills,
Critical Thinking,
Writing Skills

Academic English 2

Duration 20 hrs/week, 10-14 weeks

In this course, you will improve your understanding when listening and reading. You will also improve your speaking and writing skills. When you read and listen, you will also take notes so you understand more. You will learn to find the main idea and details in readings and to organize ideas when writing paragraphs. During class, you will learn and practice conversation skills and create simple presentations. You will learn to share more of your own ideas in English. You will learn from a textbook in class and also practice on your own.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Academic Integrity,
Pronunciation,
Verbal Communication Skills,
Critical Thinking,
Writing Skills

Advanced Graduate Writing and Communication

Duration 2.5-3 hrs/week, 10-14 weeks

The demands of graduate programs vary widely based on the professions for which they prepare students. This course will help you familiarize yourself with the conventions of your specific field and learn to produce academic work as a contributing member of that field. You will learn to explain findings verbally and present solutions to problems in persuasive language. In addition, you will participate in frequent discussions and presentations to help you develop the academic and professional communication skills required for group work and group projects in graduate programs.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Academic Integrity,
Presentation Skills,
Verbal Communication Skills,
Critical Thinking,
Writing Skills

Conversation Skills and Techniques I

Duration 3 hrs/week, 16 weeks

In this course, you will learn to talk in a conversation. You will ask questions and add comments to start and end conversations. You will also learn to check if you understand and ask questions about information you are not sure about. You will learn how to share information to continue a conversation. You will also learn phrases you can use and practice in many different conversations.

Modality

Face to Face on Campus

Competency

Pronunciation,
Verbal Communication Skills

Conversation Skills and Techniques 2

Duration 3 hrs/week, 16 weeks

In this course, you will learn conversation skills that will help you participate more in classroom discussions and groupwork. You will practice specific phrases and questions to ask for and give more information, support ideas with examples, and build on other students' ideas. You will also learn to help facilitate discussions, keeping the focus on a topic and paraphrasing and synthesizing new ideas as they are developed. You will analyze radio interviews and short articles, and then offer and support your viewpoint while applying various conversation skills. You will practice stating and then revising your ideas so you can build arguments for academic discussions.

Modality

Face to Face on Campus

Competency

Pronunciation,
Verbal Communication Skills

English Through Art

Duration 3 hrs/week, 16 weeks

In this course, you will expand the range and depth of your English proficiency by learning to describe and evaluate the elements of artistic works, including media, line, shape/form, space, color, value and texture, and the principles of art, such as rhythm, balance and proportion. By examining a variety of artworks, you will learn to identify and describe how artists apply these elements and principles to express meaning and feeling. You will develop and expand your aesthetics vocabulary and practice interpreting the meaning of the works and explaining your own reactions to them. Through examination and interpretation of artworks, interactive discussions focused on art criticism, and written analyses, you will apply critical thinking to develop and express judgments based on evidence – skills you can apply in a wide range of academic settings.

Modality

Face to Face on Campus

Competency

Verbal Communication Skills,
Intercultural Competence,
Critical Thinking,
Writing Skills

English for Academic Purposes 1

Duration 10 hrs/week, 10-14 weeks

In this course, you will practice the four main language skills—listening, reading, writing and speaking—and also increase your active academic vocabulary. You will improve your ability to read and listen critically and efficiently so that you are prepared for academic reading assignments and lectures. You will also learn to add ideas you have learned about to academic discussions and short essays. To help you feel confident in a U.S. university classroom, you will develop critical thinking skills, note-taking strategies, and the ability to create presentations and university-level writing. In addition to interacting in class, you will complete online reading practice and self-study to review classroom material. Topics covered in the course come from a range of disciplines, including business, psychology, education, and anthropology.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Academic Integrity,
Pronunciation,
Presentation Skills,
Verbal Communication Skills,
Critical Thinking,
Writing Skills

English for Academic Purposes 2

Duration 5 hrs/week, 10-14 weeks

In this course, you will improve your university-level writing, critical reading, and classroom discussion skills so you can fully participate in university classes. You will practice relating your ideas to other students' ideas in discussions and linking ideas in written arguments. You will also practice basic research skills and become familiar with a range of typical academic writing tasks. You will improve your listening comprehension and notetaking skills and increase your active academic vocabulary. In addition to interacting in class, you will complete online reading practice and self-study to review classroom material.

Modality

Face to Face on Campus,
Synchronous Online

Competency

Academic Integrity,
Critical Thinking,
Presentation Skills,
Pronunciation,
Verbal Communication Skills,
Writing Skills

English for Business 1

Duration 3 hrs/week, 16 weeks

In this course, you will learn business-related vocabulary and ideas from topics such as careers, companies, marketing, and business planning. You will improve your general English proficiency through exercises in reading, writing, listening and speaking. You will also develop specific business-related communication skills, such as sharing information, giving and asking for opinions, participating in simple meetings, and writing email and letters summarizing decisions made. You will apply your learning in role plays and discussions about case studies. At the end of the course, you will complete a Capstone project to propose, research, and present a new product.

Modality

Face to Face on Campus

Competency

Leadership,
Verbal Communication Skills,
Intercultural Competence,
Critical Thinking,
Writing Skills

English for Business 2

Duration 3 hrs/week, 16 weeks

In this course, you will learn essential business-related vocabulary and concepts related to topics such as brands, business travel, finance, management, human resources, international markets, ethics and leadership. You will practice specific business-related communication skills, including managing meetings, networking, negotiating, presenting, and writing email, meeting minutes, reports and summaries. You will also learn phrases and strategies for managing business small talk and networking, including scenarios that demand cross-cultural communication. You will apply what you are learning in role plays and case study analysis and discussion. In addition, you will complete independent research to support business-related projects: presenting a trade show poster promoting a hotel for business travelers, delivering an employee investment training seminar mini-presentation, and negotiating the best business strategy to turn around a struggling company in a meeting simulation.

Modality

Face to Face on Campus

Competency

Leadership,
Verbal Communication Skills,
Intercultural Competence,
Critical Thinking,
Writing Skills

Graduate Academic Research

Duration 3 hrs/week, 10-14 weeks

In this course, you will develop critical skills for conducting, discussing, presenting and writing about research related to your field of study. You will gather a collection of field-related articles and analyze the language, rhetorical features and vocabulary to become familiar with academic and professional writing in your field. You will also learn how to identify and evaluate relevant sources, and practice essential skills such as summarizing, paraphrasing, and creating citations. You will practice critical reading and apply your learning in group discussions and group projects, learning to collaborate with peers. You will write and revise multiple drafts of academic texts and practice reporting findings in regular academic presentations.

Modality

Face to Face on Campus

Competency

Academic Integrity,
Presentation Skills,
Verbal Communication Skills,
Critical Thinking,
Writing Skills

Graduate Writing and Communication

Duration 6 hrs/week, 10-14 weeks

In this course, you will practice graduate-level academic English skills, such as lecture-focused listening comprehension and note taking, academic research and writing, academic discussion skills, and oral presentations. The course integrates grammar as needed and teaches high-frequency academic vocabulary as well as discipline-related vocabulary, based on students' needs. You may also complete activities designed to strengthen your performance in concurrent or future required courses, as well as activities that address cultural differences in academic expectations.

Modality

Face to Face on Campus,

Synchronous Online

Competency

Academic Integrity,
Presentation Skills,
Verbal Communication Skills,
Critical Thinking,
Writing Skills

Presentation Skills

Duration 2 hrs/week, 16 weeks

In this course, you will learn the features of effective presentations. You will learn and practice techniques for engaging an audience, delivering meaningful content, and using pronunciation for clearer presentation delivery. You will learn both how to prepare a well-organized presentation and how to use your voice and body language to connect with listeners. You will analyze video excerpts of speeches, synthesize sources of information, study presentation structure, and improve your pronunciation by practicing scripted speech. You will learn several different presentation types, including introducing others, defining terms, delivering information, explaining processes, and presenting solutions to problems. By learning to design presentations to appeal to audiences, you will develop skills you can use to effectively share their ideas in academic and professional settings.

Modality

Face to Face on Campus

Competency

Pronunciation,
Presentation Skills,
Critical Thinking

Math & Computer Science Courses

College Algebra Foundation

Duration 8 weeks, suggested pace 1 lesson/week

This course is designed to develop your foundation in college algebra skills in preparation for first-year university courses. The course combines recorded lessons with quizzes and assignments. In this intermediate to high-intermediate (CEFR B1+ to B2+) course, you will develop your reasoning ability and be prepared to be successful in higher-level math courses.

Modality

Asynchronous Online

Learning Model

Academic Course,
Video

Competency

Critical Thinking,
Math Skills

College Algebra Review

Duration 1 hr/week, 8 weeks

In this course, you will review basic algebraic concepts, including the manipulation of algebraic expressions and factoring and solving for a desired variable. You will also study graphing polynomials, circles, exponential and logarithmic functions, and trigonometric functions, their properties, and how to find their roots. Other topics include extrema, asymptotes, and applications. This course will prepare you to be successful in higher-level math courses.

Modality

Face to Face on Campus,
Synchronous Online

Introduction to Python and Related Languages

Duration 1 hr/week, 12 weeks

In this course, you will be introduced to Python and related languages. You will begin by learning who invented the language, its benefits, and its applications. You will also study variables and simple data types, conditions, loops and functions in Python, classes and objects, files and exceptions, user input and output and Python Flask. At the end of the course, you will be able to read and write code in Python, including If-statements.

Modality

Face to Face on Campus,
Synchronous Online,
Asynchronous Online

Competency

Critical Thinking

Quantitative Skills - Math Review

Duration 1 hr/week, 6 weeks

In this course, which is designed for graduate students, you will review college-level mathematics to support your success in your graduate program. Topics covered include a basic review of arithmetic, algebra, calculus, and statistics. Linear systems, graphing of functions, and measures of variance are also covered. You will review and practice these key concepts to ensure you have the foundation you need to build the skills that will allow you to thrive academically during your graduate experience.

Modality

Asynchronous Online,
Face to Face on Campus,
Synchronous Online

Learning Model

Clinic

Competency

Critical Thinking,
Math Skills

Topics in Discrete Mathematics

Duration 1 hr/week, 12 weeks

In this course, you will be introduced to discrete mathematical topics and also to proof-based classes. You will study formal logic, set theory, techniques of mathematical proof, induction, number theory, and graph theory. At the end of the course, you will be able to read and write mathematics (including proofs), use and understand mathematical notation and terminology, and apply logical and abstract thinking skills.

Modality

Face to Face on Campus,
Synchronous Online,
Asynchronous Online

Competency

Critical Thinking